

## **Eighteenth Sunday in Ordinary Time**

The crowds and the disciples in John's Gospel are always getting their wires crossed when they listen to Jesus. They rarely understand his deeper message.

Following the feeding of the five thousand, the crowd thinks that when Jesus says he is the Bread of Life he is simply referring to the source of their next meal. If this were true it could put a new spin on what some might mean when they use the term "cafeteria Catholicism."

Jesus, however, is referring to himself as the fulfillment of all appetites, where we will never be hungry or thirsty again. Appetites are important things. They demand regular attention. Physical appetites tell us that we need nourishment, hydration, exercise or sleep. We have learnt to read our body's signs and if we ignore them we die. We also have emotional appetites, where we need affection, acceptance and a listening ear. If we ignore these signs our mental health deteriorates and our quality of life is compromised. Jesus, however, also alerts us to our spiritual appetites. These are the needs we have for Him, for meaning and purpose, for faith, hope and love. If we ignore these appetites we can lose sight of where we came from, why we are here, and where we are going.

As the sixth chapter of John's Gospel goes on, Jesus becomes clearer about the hunger and thirst he has come to fill. And as he does the crowd's wires get uncrossed and they're shocked. Jesus, the Bread of Life, is interested in us fulfilling our physical, emotional and spiritual appetites in this world as a way of glimpsing the life to come in Him, where all our hungers and thirsts will be fulfilled.

May this Eucharist prepare us for the day when our confirmed departure from this world comes. May there be no confusion at the gate, no need for any appeals and may we be reunited with those we love as we bask in the warmth of the Son's love, as he shows us to our place at the Eternal Banquet.

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